CHECKLIST

Family-friendly Greek restaurant checklist

- [ ] Look for high chairs visible near the entrance
- [ ] Check table spacing allows room for pushchairs and movement
- [ ] Confirm the menu lists plain grilled chicken or fish
- [ ] Ask about high chairs and changing facilities when booking
- [ ] Order one safe dish you know your child will eat
- [ ] Add two or three meze to the centre of the table
- [ ] Request the child's dish to arrive first
- [ ] Book early evening or weekday lunch for a calmer atmosphere
- [ ] Bring the child outside if they grow restless before the bill arrives
- [ ] Ask for plain pita and chips if the main dish is rejected